Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-541

74th Regular Session

RESOLUTION NO. SP-10781, S-2026

A RESOLUTION ENCOURAGING ROUTINE COMMUNITY-BASED HEALTH SCREENINGS FOR HYPERTENSION, DIABETES, AND OTHER NON-COMMUNICABLE DISEASES IN QUEZON CITY

Introduced by Councilors JOSE MARIA "Mari" M. RODRIGUEZ, JHON ANGELLI "Sami" C. NERI, ATTY. CHRISTOFFER ALLAN "Tope" LIQUIGAN, ERWIN REY "Cocoy" A. MEDINA and DOROTHY A. DELARMENTE, M.D.

Co-Introduced by Councilors Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Candy A. Medina, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Ranulfo "Tatay Rannie" Z. Ludovica, Albert Alvin "Chuckie" L. Antonio III, Wencerom Benedict C. Lagumbay, Luigi D. Pumaren, Atty. Vicente Belmonte Jr., Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Aiko Melendez, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, and Vito Sotto Generoso

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WHEREAS, the Quezon City Government continues to promote preventive healthcare and the early detection of diseases among its residents;

WHEREAS, non-communicable diseases such as hypertension, diabetes, cardiovascular diseases, and obesity remain among the leading causes of illness and death in the Philippines;

WHEREAS, many individuals with hypertension or diabetes remain undiagnosed because these conditions may develop silently without noticeable symptoms in the early stages;

WHEREAS, early detection through routine health screening can significantly improve health outcomes by allowing timely medical intervention and lifestyle modifications;

WHEREAS, community-based health programs conducted at the barangay level can help bring preventive health services closer to residents, particularly those who may have limited access to regular medical consultations;

WHEREAS, promoting routine screening for blood pressure, blood sugar levels, body mass index, and other basic health indicators can encourage greater health awareness among the public.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, routine community-based health screenings for hypertension, diabetes, and other non-communicable diseases in Quezon City.

RESOLVED FURTHER, that barangays are encouraged to support community health screening activities such as blood pressure monitoring, blood sugar testing, and body mass index measurements during health missions or community events.

RESOLVED FURTHERMORE, that barangays and Sangguniang Kabataan (SK) are encouraged to assist in information campaigns that promote preventive health practices, healthy lifestyles, and regular health check-ups.

RESOLVED FURTHERMORE, that residents are encouraged to take advantage of available health services and participate in routine screenings to detect potential health conditions at an early stage.

RESOLVED FINALLY, that copies of this Resolution be furnished to the Quezon City Health Department, the Social Services Development Department, all barangays in Quezon City, and other concerned offices for their information and appropriate action.

ADOPTED: October 8, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on October 8, 2026 and was CONFIRMED on October 22, 2026.

GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:

ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)